



Catholic Charities
Diocese of Charlotte

Refugee Resettlement Program

Refugee Mentorship Program Resource Guide

NOTE: This guide is meant as a starting point for mentors and refugee families to find the various services that may be useful for their needs. This resource guide is not a comprehensive list of all resources available in the Charlotte area, and the agencies and organizations listed are not endorsed by Catholic Charities but rather presented as possible community resources. This list will be updated annually with any new/changed information and additional resources added or removed. Please confirm the correct information by calling the resource first.

[Contents](#)

Clothing and Household Items	3
Food Assistance	5
Child Assistance Programs	9
Health Care Services	10
Dental	10
Vision and Hearing	12
Local Hospitals	14
Medical Clinics	15
Medication Assistance	21
Health Insurance	22
Counseling Resources	23
Interpretation and Translation Resources	25
Employment Resources	26
Refugee Resettlement Agencies	28
Navigating Medicaid/Cash Assistance/Food Stamps	30

NOTE: This guide was based on a document located on Project 658's website and was prepared by refugee community partners in 2014. This version of the guide was updated and confirmed as current in January 2018 by Catholic Charities.

Clothing and Household Items

Crisis Assistance Ministry

Services: Provides donated clothes and household items free of charge. To qualify must show some form of identification, social security card, W2, pay stub, or W7 and proof of address. Furniture and appliances are available to those with a referral from a social worker or house of faith one time per year. Must provide own pick up transportation.

Addresses: Main Office & Free Store-housing and financial stability
Address: 500-A Spratt Street, Charlotte, NC 28206
Phone: 704-371-3001
Hours: Monday-Friday 8:00am-5:00pm
Free Store: clothing, shoes, and household items
Shop: Tuesday-Saturday 10:00am-4:00pm

Furniture Bank-REFERRAL REQUIRED

Address: 333 Dalton Avenue, Charlotte, NC 28206

Phone: 704-371-3001

Shop: (after confirmed referral) Tuesday-Saturday 10:00am-4:00pm

Website: <http://www.crisisassistance.org/>

Goodwill-Outlet Store

Services: Donated clothing and household items available at minimal cost. The Goodwill Outlet store sells clothing and shoes for \$1.39/lb and household goods and books for 50% off Goodwill sticker price.

Address: Outlet Store-5301 Wilkinson Boulevard, Charlotte, NC 28208

Hours: Monday-Saturday 9am-9pm, Sunday 10:00am-7:00pm

Phone: 704-394-6017

Website: <https://goodwillsp.org/shop/retail-stores/second-editions/>

Jackson Park Ministries

Services: Include pre-job guidance, children's clothing shelter and food. Call for eligibility requirements.

Address: 5415 Airport Drive, Charlotte, NC 28208

Phone: 704-392-4981

Neighborhood Good Samaritan Center

Services: Provides clothing distribution, economic development, food pantry services, job placement assistance, and tutorial programs on basic English.

Address: 3557 N. Sharon Amity Road, Suite 100, Charlotte, NC 28205

Phone: 704-605-6723 or 704-531-9989

Email: info@ngscenter.org

Website: <http://ngscenter.org>

Matthews Help Center

Services: Provides crisis assistance (food, clothing, temporary housing) for those living in the following zip codes: 28079, 28104, 28105, 28226, 28227, 28270.
Appointment required to determine eligibility.

Address: 119 N. Ames St., Matthews, NC 28105

Hours: Social Services: Monday-Friday 9:00am-4:00pm
Backporch Treasures: Monday-Saturday 10:00am-5:00pm

Phone: 704-847-8383

Website: <http://www.matthewshelpcenter.org/>

Salvation Army

Services: Donated clothing and household items available at minimal cost. On Wednesdays items are half price.

Address: 1023 Central Avenue, Charlotte, NC 28204

Hours: Monday-Saturday 10:00am-7:00pm

Phone: 704-332-1171

Email: noreply@salvationarmy.org

Website: <http://charlotte.satruck.org/>

Food Assistance

Catholic Charities Diocese of Charlotte-Food Pantry

Services: Food pantry that provides walk-in assistance on a first-come, first served basis during normal operating hours. First time clients must complete a one-page application with basic demographic and household member information. Due to overwhelming needs, they can only serve clients once a month.

Address: 1123 S. Church Street, Charlotte, NC, 28203

Hours: Tuesdays and Thursday, 8:00am-10:00am

Phone: 704-370-3228

Website: <http://ccdcc.org/services/food-clothing>

Charlotte Community Kitchen

Services: Free lunch Wednesdays from 11:00am-12:30pm

Address: 3601 Central Avenue, Charlotte, NC 28205

Hours: 11:00am-12:30pm

Phone: 704-900-5210

Department of Social Services

Services: Provides the Food Nutrition Services Program (FNS) that include Electronic Benefits Transfer (EBT), Women, Infants and Children (WIC) assistance plus more to qualifying families.

Address: Billingsley Road Office
301 Billingsley Road, Charlotte, NC 28211

Freedom Drive Office
3205 Freedom Drive, Charlotte, NC 28082

Phone: 704-336-3000

Website: <http://www.mecknc.gov/dss/Pages/Home.aspx>

Dilworth Soup Kitchen at First Christian Church

Services: Lunch served Monday and Wednesday from 11:30am-12:30pm to anyone.

Address: 1200 East Boulevard, Charlotte, NC 28203

Phone: 704-334-3771

Website: <http://www.fcc-charlotte.org/soupkitchen.html>

Friendship Trays-Meals on Wheels

Services: Delivers lunch to elderly, handicapped and convalescing individuals for a minimal fee. No Referral is necessary.

Phone: 704-333-9229

Website: <http://friendshiptrays.org>

Loaves and Fishes

Services: Provides groceries and support to people in crisis. Must have referral from human service agency, clergy, medical provider or school counselor. Numerous distribution pantries in Mecklenburg County. *See website for more locations.*

Phone: 704-523-4333

Addresses: *Calvary United Methodist Church*

Address: 512 West Boulevard, Charlotte, NC 28203

Hours: Tuesday: 10:00am-1:00pm

Camino

Address: 201 Stetson Drive, Charlotte, NC 28262

Hours: Tuesday 4:00pm-7:00pm, Friday 10:00am-1:00pm

Eastern Hills Baptist Church

Address: 4855 Albemarle Road, Charlotte, NC 28205

Hours: Thursday 1:00pm-4:00pm, Saturday 9:00am-Noon

First Presbyterian Church

Address: 200 West Trade Street, Charlotte, NC 28202

Hours: Wednesday-Friday 1:00pm-4:00pm, Saturday 9:00am-Noon

Open the second, third and fourth Saturdays ONLY

Galilee Ministries

Address: 3601 Central Ave, Charlotte, NC 28205

Hours: Monday and Wednesday 10:00am-1:00pm

Holy Comforter Episcopal Church

Address: 2701 Park Road, Charlotte, NC 28209

Hours: Monday-Friday 10:00am-1:00pm

New Emmanuel Congregational United Church of Christ

Address: 3546 Beatties Ford Road, Charlotte, NC

Hours: Wednesday 3:00pm-7:00pm, Saturday 9:00am-Noon

New Zion Missionary Baptist Church

Address: 217 W Todd Lane, Charlotte, NC 28208

Hours: Thursday 10:00am-1:00pm and 3:00pm-6:00pm

Northeast Seventh-Day Adventist Church

Address: 1519 Rosetree Ct, Charlotte, NC 28213

Hours: Friday 1:00pm-4:00pm

Shiloh Institutional Baptist Church

Address: 2400 Greenland Avenue, Charlotte, NC 28208

Hours: Friday 10:00am-1:00pm

St. Giles Presbyterian Church

Address: 2027 Emerywood Dr, Charlotte, NC 28210

Hours: Monday, Wednesday Friday 1:00pm-4:00pm

Sugaw Creek Presbyterian Church

Address: 101 W Sugar Creek Road, Charlotte, NC 28213

Hours: Tuesday 1:00pm-4:00pm, Thursday 10:00am-1:00pm

Website: <http://www.loavesandfishes.org/>

Jackson Park Ministries

Services: Include pre-job guidance, children's clothing shelter and food. Call for eligibility requirements.
Address: 5415 Airport Drive, Charlotte, NC 28208
Phone: 704-392-4981

Harvest Center of Charlotte

Services: Free community meals
Address: 2225 Freedom Drive, Charlotte, NC 28208
Hours: 6:30am-8:00am and 11:30am-12:30pm
Phone: 704-335-1616
Website: <http://www.theharvestcenter.org>

Neighborhood Good Samaritan Center

Services: Provides food distribution.
Address: 3557 N Sharon Amity Road, Suite 102, Charlotte, NC 28205
Phone: 704-531-9989
Website: <http://ngscenter.org/>

Refugee Support Services

Services: The Help Center distributes free meat, vegetables, fruit, bread, and bagels on Wednesdays. The Help Center also hosts a community garden where refugees are given individual plots to grow their own vegetables.
Address: 3601 Central Avenue, Charlotte, NC 28205
Hours: Wednesdays 10:00am-12:00pm
Phone: 704-458-3245
Website: <http://www.refugeesupportservices.org/>

Saint Peter's Soup Kitchen at Urban Ministries

Services: Serves hot lunch 365 days a year.
Address: 945 N. College Street, Charlotte, NC 28206
Hours: 11:15am-12:15pm
Phone: 704-347-0278
Website: <http://www.urbanministrycenter.org/>

Senior Citizens Nutrition Program

Services: Provides balanced meals to homebound and mobile seniors age 60 years or more. The Congregate Meal Program provides hot, nutritious meals to seniors at 16 dining sites throughout Mecklenburg County. No income eligibility test is required for the Congregate, Home Delivered or Supplemental Meal Programs. The Short Term Homebound Meal Program delivers meals to seniors who become temporarily homebound and need meal service for a short period of time (12 week max). A referral is required for the Short-Term Homebound Meal Program.

Address: 301 Billingsley Road, Charlotte, NC 28211

Phone: 704-336-3144

Website: <https://www.mecknc.gov/dss/adults/Pages/AdultNutrition.aspx>

Women, Infants and Children (WIC)

Services: Provides basic nutrition services to eligible pregnant, breastfeeding, and postpartum women, as well as infants and children up to 5 years, including issuance of monthly food package (baby formula, milk, cheese, eggs, juice, cereal, dried beans or peanut butter), fruits, vegetables, brown rice, whole wheat bread, tortillas, tofu and jar baby food. Vouchers redeemable at participating NC Stores, provision of nutritional education, and coordination with Health Department clinics or private healthcare providers in the community. Appointments required

Phone: 704-336-6500

Addresses: WIC East Charlotte

Address: 5624 Executive Center Dr

Hours: Monday-Thursday 7:45am-12:00pm and 1:00pm-7:00pm, Friday
7:45-12:00pm and 1:00pm-5:00pm

WIC Clanton

Address: 801 Clanton Road, Suite C-110

Hours: 7:45am-12:00pm and 1:00pm-5:00pm

Northwest Campus

Address: 2845 Beatties Ford Road

Hours: Monday, Thursday 7:45am-12:00pm and 1:00pm-5:00pm,
Tuesday & Wednesday 7:45-12:00pm and 1:00pm-7:00pm, Friday
8:00am-12:00pm and 1:00pm-5:00pm

Southeast Campus

Address: 3500 Ellington Street

Hours: Monday-Friday 7:45am-12:00pm and 1:00pm-5:00pm

Website: <https://www.mecknc.gov/HealthDepartment/ClinicServices/WIC/Pages/Default.aspx>

Child Assistance Programs

Child Care Resources Inc.

Services: Financial assistance to low-income families for quality childcare so parents can work or attend school. Provides information on locating and choosing early care and education and school age childcare programs.

Address: 4600 Park Road, Suite 400, Charlotte, NC 28209

Hours: Monday-Friday 8:00am-5:00pm

Phone: 704-376-6697 or 704-348-2181

Website: <http://www.childcareresourcesinc.org/>

Children & Youth with Special Health Care Needs Help Line

Services: Information and referral Help Line for those living with, caring for and concerned about a child with special health care needs. Callers can learn about health care programs as well as funding resources available to North Carolina residents. The caller will be provided with telephone interpretation services during the call to ensure communication is culturally competent if needed.

Hours: Monday-Friday 8:00am-5:00pm

Phone: 1-800-737-3028

Website: <https://www2.ncdhhs.gov/dph/wch/families/helplines.htm>

Smith Family Center-International Center

Services: Provides Student placement and enrollment, provide assessment for students who speak a language other than English, help with enrollment in Pre-K. Assist parents in enrollment, English language assessment and immunization requirements.

Address: 1600 Tyvola Road, Charlotte, NC 28210

Hours: Monday-Friday 8:00am-5:00pm

Phone: 980-343-3785

Website: <http://www.cms.k12.nc.us/cmsdepartments/FamilyCenter/Pages/default.aspx>

Learning Help Centers of Charlotte

Services: Offers afterschool programs and summer reading, literacy and enrichment camps. Family stabilization program provides qualifying residents emergency financial assistance with rent and utilities through partner organizations, in consultation with resident chaplain and case management. Home visits and targeted services like ESL, parenting classes, financial literacy and job assistance are also offered.

Address: 1911 Archdale Road, Charlotte, NC 28217

Phone: 980-297-5114

Website: www.lhcclt.org
<http://www.facebook.com/LHCCLT>

Health Care Services

Dental Care

Albemarle Road Family Dentistry

Services: Comprehensive dental services for adults and children. Medicaid, health choice and most major dental insurances accepted.

Address: 6404 Albemarle Road, Suite B & C, Charlotte, NC 28212

Hours: Monday-Friday 9:00am-6:00pm; Saturday 9:00am-5:00pm

Phone: 704-910-4720

Website: www.arfamilydentistry.com

Agape Dental Ministry

Services: Provides free dental care to low-income residents of the Charlotte area who financially must qualify. Call to make an appointment. Must present the latest IRS tax return or last three pay stubs and provide identification (i.e., driver's license, passport, permanent resident card). Dental services provided by volunteer dentists, hygienists and dental assistants.

Address: 7839 Idlewild Road, Charlotte, NC 28212

Phone: 704-778-1204

Websites: <http://www.agapedentalministry.org/>

Email: agapedentalministry@gmail.com

Carolinas Medical Center Biddle Point Pediatric Dental Clinic

Services: Routine dental treatment and preventive care for children 17 years of age and younger. Accepts Medicaid, NC Health Choice and Private Insurance. Sliding scale fees apply for those without insurance.

Address: 1801 Rozzelles Ferry Road, Charlotte, NC 28208

Hours: Monday-Friday 7:00am-5:30pm

Phone: 704-446-9987

Carolinas Medical Center Dentistry

Services: Emergency and limited care including oral surgery for ages 14 and older. By appointment only.

Address: 100 Blythe Boulevard, Charlotte, NC 28203

Phone: 704-355-2165

Community Care Partners of Greater Mecklenburg

Service: Provide care management and coordination of dental and medical care for consumers with Medicaid Access II insurance living in Anson, Mecklenburg and Union counties.

Phone: 704-512-5555 or 1-888-671-7437

Website: <http://www.ccpgm.org>

Central Piedmont Community College Dental Hygiene Clinic

Service: Cleaning, fluoride treatments, oral hygiene instructions, oral cancer exam, x-rays, sealants and nutritional counseling for children and adults. Financial screening required. If eligible, \$35 per appointment.

Address: 1335 Elizabeth Avenue, Charlotte, NC 28204

Phone: 704-330-6704

Website: http://www.cpcc.edu/health_sciences/dental-clinic

Charlotte Pediatric Dentistry

Service: Offer optimum dental care for infants, children, adolescents and persons with special health care needs. Medicaid accepted.

Hours: Monday-Thursday 7:30am-4:30pm; Friday 8:00am-12:00pm

Phone: 704-377-3687

Addresses: University Office
Address: 10320 Mallard Creek Road, Suite 150, Charlotte, NC 28211

Midtown Office
Address: 411 Billingsley Road, Suite 106, Charlotte, NC 28211

Website: <http://www.cltpediatricdentistry.com/>

Night and Day Dental

Service: Provide dental services during evening hours. Accept Medicaid.

Address: 6316 E. Independence Blvd, Charlotte, NC 28212

Hours: Monday-Friday 10:00am-10:00pm

Phone: 980-265-3180

Royal Dental Associates

Service: Provide dental services for children, adolescents and adults. Accepts Medicaid, other forms of insurance and takes major cards, checks and cash. Also offers third party financing through CareCredit. Has discount plan for yearly subscribers.

Address: 4930 Central Avenue, Charlotte, NC 28205

Hours: Monday-Thursday 8:00am-5:00pm, Friday-Saturday 8:00am-4:00pm, Sunday 12:00pm-6:00pm

Phone: 704-769-2523

Website: <http://www.royaldentalassociates.com/>

Vision and Hearing Care

InfantSee National Public Health Program

Services: Participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service, regardless of family income or insurance coverage. Visit website or call to locate local partners.

Phone: 1-888-396-3937

Website: <http://www.infantsee.org/>

Horizon Eye Care

Services: Provides eye examinations to children and adults. Accepts Medicaid. Discounted services for uninsured and low income. Prescription glasses covered through Lion's Club, if eligible.

Hours: Monday-Friday 8:00am-5:00pm

Addresses: Cotswold Location
Address: 135 S Sharon Amity, Suite 100, Charlotte, NC 28211
Phone: 704-367-8133

University Location
Address: 11010 David Taylor Drive, Charlotte, NC 28262
Phone: 704-717-0058

Lion's Club Service Eye Clinic

Services: Offers complete eye examinations, prescription glasses and professional eye health counseling to persons with limited income or without insurance. Accepts children 2 years and older. Must meet the following criteria: be referred by Mecklenburg County Schools, Lions Clubs, church or other organization; be uninsured, uninsurable or receive Medicaid; and qualify for low income status. Appointment required.

Address: 4600-A North Tryon Street, Charlotte, NC 28213

Hours: Monday-Friday 7:30am-4:00pm

Phone: 704-599-4760

Website: <http://lionseyeclinic.com/>

Marvel Optics

Services: Discounted online store for prescription eyeglasses.

Phone: 1-800-832-5076

Website: <http://www.marveloptics.com/>

Phillip Gaskins and Associates

Services: Eye exams only. Accepts children 5 years and older. Accepts Medicaid for glasses.

Address: 4456 Randolph Road, Charlotte, NC 28211

Phone: 704-365-6477

Website: <http://www.gaskinseye.com>

Charlotte Mecklenburg School's Audiology Department

Services: Screens pre-school to kindergarten and first graders including autistic, Bright Beginnings and other EC students plus all new students (K-12) since last screening.

Address: 401 E. 9th Street, Charlotte, NC 28202

Phone: 980-343-5229

Local Hospitals

Carolinas Medical Center Main (CMC)

Address: 1000 Blythe Boulevard, Charlotte, NC 28203

Phone: 704-355-2000

Website: <http://www.carolinashealthcare.org/cmc>

CMC (Mercy)

Address: 2001 Vail Avenue, Charlotte, NC 28207

Phone: 704-304-5000

Website: <http://www.carolinashealthcare.org/cmc-mercy>

Novant Health Presbyterian Medical Center (Main)

Address: 200 Hawthorne Lane, Charlotte, NC 28204

Phone: 704-384-4000

Website: <http://www.novanthealth.org/presbyterian-medical-center.aspx>

Novant Health Matthews Medical Center

Address: 1500 Matthews Township Pkwy, Matthews, NC 28105

Phone: 704-384-6638

Website: <http://www.novanthealth.org/matthews-medical-center.aspx>

Medical Clinics-Free or Low Cost

Bethesda Health Center

Services: Primary medical care. Must interview on Mondays for services. By appointment only. Spanish speaking interpreters and bilingual staff are available.
Address: 133 Stetson Drive, Charlotte, NC 28262
Phone: 704-596-5606

C.W. Williams Community Health Center, Inc.

Services: Primary medical care for adults and children. Low income financial screening required. Offers pharmacy, mammography and HIV clinic. Appointments required. Will assist with HealthCare.gov enrollment. Accepts Medicaid, Medicare, and commercial insurance. Discounted fees based on sliding scale for uninsured.
Address: 3333 Wilkinson Boulevard, Charlotte, NC 28208
Hours: Monday, Tuesday and Thursday 8:15am-8:00pm, Wednesday 8:15am-6:00pm, Friday 8:15am-1:00pm, Saturday 8:30am- 1:00pm
Phone: 704-393-7720
Website: <http://www.cwwilliams.org/v5/index.php>

Care Ring's Nurse Family Partnership

Services: Free home nurse visits for first-time pregnant mothers from pregnancy through baby's second birthday. Low-income financial screening required. Enroll by the 28th week of pregnancy. Nurse will assist in applying for WIC, Medicaid and other programs and provide home visits.
Address: 601 E. 5th Street, Suite 140, Charlotte, NC 28202
Phone: 704-375-0172
Website: <http://www.careringnc.com/>

Care Ring Low Cost Clinic

Services: Family primary medical care. Appointments are highly recommended but some walk-ins are available. Appointments are \$50 with additional costs for lab work. Payment due at time of services. Insurance is not accepted. See list of detailed fees on website. Spanish interpreters and bilingual staff are available. Mecklenburg County residency not required.
Address: 601 E. 5th Street Suite 140 , Charlotte, NC 28202
Hours: Monday-Friday 8:00am-5:00pm, closed from 12:00pm-1:00pm
Phone: 704-375-0172
Website: <http://www.careringnc.com/>

Care Ring Physicians Reach Out

Services: Free and low-cost primary medical care for uninsured. Must meet financial criteria and be a Mecklenburg County resident for at least 3 months. The eligibility process requires an in-person interview and costs \$30. If approved, client will receive eligibility card within one week. Spanish speaking interpreters and bilingual staff are available.

Address: 601 E. 5th Street, Suite 140, Charlotte, NC 28202

Phone: 704-375-0172

Website: <https://www.careringnc.com/physicians-reach-out>

Carolinas Medical Center Outpatient Clinics

Services: Primary medical care for adults and children including pregnancy services and pharmacy. Low-income financial screening required. Sliding scale ranges from \$0-\$30. Appointments required. Spanish interpreters and bilingual staff are available.

Addresses: *CMC Biddle Point Family Medicine*

Address: 1801 Rozzelles Ferry Road, Charlotte, NC 28208
Phone: 704-446-9987

CMS Eastland Family Practice

Address: 5516 Central Avenue, Charlotte, NC 28212
Phone: 704-446-1000

CMC Elizabeth Family Practice

Address: 2001 Vail Avenue, Suite 400, Charlotte, NC 28207
Phone: 704-304-7000

CMC Myers Park

Address: 1350 S. Kings Drive, Charlotte, NC 28207
Phone: 704-446-1600

CMC North Park Family Medicine & OBGYN

Address: 251 Eastway Drive, Charlotte, NC 28213
Phone: 704-446-9991

Novant Health Community Care Cruiser

Services: Mobile unit with various locations in Mecklenburg County. Delivers free vaccines to uninsured and underinsured ages birth to 18 years old. First come first serve—no appointments. Cruiser operates 13 days per month. See website for location schedule.

Hours: 9:00am-12:00pm & 1:00pm-3:00pm

Phone: 704-384-3031

Website: <http://novanthealth.org/home/about-us/communityinvolvement>

Central Carolina Medical Center

Services: Medical care for adults and children. Accepts Medicaid, reduced fees for uninsured.

Addresses: *Farm Pond Shopping Center*

Address: 6404 Albermarle Road Suite 3, Charlotte, NC 28212

Hours: Monday, Tuesday, Wednesday and Friday 8:00am-5:00pm and
Saturday 8:00am-2:00pm

Phone: 704-532-8884

Paw Creek Crossing

Address: 515 Little Rock Road, Charlotte, NC 28214

Hours: Thursday 10:00am-5:00pm and Sunday 10:00am-2:00pm

Phone: 704-391-3400

Charlotte Community Health Clinic

Services: Free family primary medical care. By appointment only. Must meet financial criteria and there is a \$10 fee. Spanish speaking interpreters and bilingual staff are available. Accepts Medicaid.

Addresses: *CCHC University*

Address: 8401 Medical Plaza Drive, Suite 300, Charlotte, NC 28262

Hours: Monday-Thursday 8:30am-5:00pm

CCHC West

Address: 5301 Wilkinson Blvd., Charlotte, NC 28202

Hours: Monday-Thursday 8:00am-4:00pm

Phone: 704-316-6561

Website: <http://charlottecommunityhealthclinic.org>.

Charlotte Medical Clinic

Services: Primary medical care for adults including in office x-rays and lab work. Dermatology specialists are available for adults and children. Provides an uninsured discount of 50% off gross charges on all medically necessary services.

Hours: 8:00am-5:00pm

Addresses: *Medical Center Plaza*

Address: 1001 Blythe Boulevard, Charlotte, NC 28204

Phone: 704-355-5100

Pineville

Address: 10650 Park Road, Suite 300, Charlotte, NC 28210

Phone: 704-667-3960

Arboretum

Address: 3025 Springbank Lane, Suite 100, Charlotte, NC 28266

Phone: (704) 446-2620

Website: <http://www.carolinashealthcare.org/charlotte-medical-clinic-services>

Community Care Partners of Greater Mecklenburg

Services: Provide care management and coordination of dental and medical care for consumers with Medicaid Access II insurance living in Anson, Mecklenburg and Union Counties.

Address: 4701 Hedgemore Drive, Suite 700, Charlotte, NC 28209

Phone: 704-512-5555 or 1-888-671-7437

Website: <http://www.ccpgm.org>

First Care Medical Clinic

Services: Low cost comprehensive health care for adults and children plus urgent care services. Interpreters available. Walk-ins welcome.

Addresses: Plaza Clinic
Address: 2938 The Plaza, Charlotte, NC 28205
Phone: 704-228-7343

Albemarle Clinic
Address: 1426 E. Main Street, Albemarle, NC 28001
Phone: 704-228-7352

Nations Ford Clinic
Address: 9040 Nations Ford Road, Charlotte, NC 28273
Phone: 704-228-7385

Hours: Monday-Friday 9:00am-6:00pm; Saturday 9:00am-5:00pm

Website: <http://firstcarecanhelp.com>

Heart Bright Cardiac Resource Center

Services: Free treatment of cardiovascular disease, diabetes and high blood pressure. Free exercise and nutrition classes. Coordination of resources available. Low-income financial screening required.

Address: 2923 South Tryon Street, Suite 200, Charlotte, NC 28203

Phone: 704-373-3002

Website: www.heartbright.org

Lake Norman Community Health Clinic

Services: Family primary medical care for the uninsured. By appointment only. Must meet financial criteria-eligibility appointments available Mondays 11:00am-1:00pm and Wednesdays 5:00pm-8:00pm. Spanish interpreters and bilingual staff are available. Serve Mecklenburg County and southern section of Iredell County. \$15 requested donation.

Address: 14230 Hunters Road, Huntersville, NC 28078

Hours: Monday, Tuesday, Thursday and Friday 8:30am-4:00pm and Wednesday 11:30am-8:00pm

Phone: 704-316-6611

Website: <http://lnchc.org/>

Matthews Free Medical Clinic

Services: Free primary medical care for 14-64 year olds including sick visits, women's health, mental health and orthopedic care. Pharmacy and lab on site. Must meet financial criteria and be uninsured. By appointment only. Complete screening form on website and bring to scheduled appointment. Bilingual staff is available.

Address: 196 S. Trade Street, Matthews, NC 28105

Hours: Monday-Thursday 8:30am-4:00pm, Friday 8:30am-1:00pm. Lab open Monday and Thursday 8:30am-12:00pm

Phone: 704-841-8882

Website: <http://www.matthewsfmc.org/index.php>

Mecklenburg County Health Department

Services: Free or low cost immunizations, women's health, family planning, TB, HIV, and STD testing. Low-income screening required.

Address: 249 Billingsley Road, Charlotte, NC 28211

Hours: Monday, Tuesday, Thursday and Friday 8:00am-5:00pm, Wednesday 10:00am-7:00pm

Phone: 704-336-4700 for information OR 704-336-6500 for appointment

Website: www.meckhealth.org

Smith Family Wellness Center

Services: Free monthly clinic and bimonthly eye clinic for uninsured adults. Appointments needed.

Address: 3646 Central Avenue, Charlotte, NC 28205

Hours: First Saturday of the month from 9:00am-12:00pm

Phone: 704-733-9934

Website: <http://www.smithfamilywellnesscenter.com/>

Shifa Free Health Clinic

Services: Provide educational programs, pharmacy counseling, lab services, and dietician services. A financial screening is provided. Available for individuals who are uninsured. Also offers free medical care once a month for those who live below the poverty line.

Address: 4301 Shamrock Drive, Charlotte, NC 28215

Hours: Every 2nd and 4th Saturday of each month from 10:00am-2:00pm

Phone: 704-706-7856

Website: <http://www.shifahealthclinic.com/>

Teen Health Connection

Services: Primary medical care for ages 11-21 years old including sick visits, physical exams, immunizations, pregnancy tests, STD and HIV programs, nutritional counseling and mental health services. Low-income financial screening required. By appointment only. Accept Medicaid, Health Choice, most major insurance carriers. Sliding scale for uninsured.

Address: 3541 Randolph Road, Suite 206, Charlotte, NC 28210

Hours: Monday-Friday 8:00am-5:00pm

Phone: 704-381-8336

Website: www.TeenHealthConnection.org

Medication Assistance

MedAssist of Mecklenburg

Services: Medication assistance to low-income and uninsured. Must live in North Carolina, be uninsured including no Medicaid (Family Planning Medicaid is acceptable). Must fill out application and bring supporting documents and medicine prescription.

Address: 4428 Taggart Creek Road, Suite 101, Charlotte, NC 28208

Hours: Monday-Friday 8:00am-4:30pm

Phone: 704-536-1790

Email: info@medassist.org

Website: <http://medassist.org/>

Health Insurance

Centers for Medicare and Medicaid Services

Services: Website provides comprehensive information about Medicare and Medicaid programs, enrollment and eligibility.

Website: <http://www.cms.gov/>

Department of Social Services

Services: Provides to qualifying individuals and families the Food Nutrition Services Program (FNS) that includes Electronic Benefits Transfer (EBT) and Women, Infants and Children (WIC) assistance. Work First Family Assistance and Temporary Assistance for Needy Families (TANF) provides cash assistance and Medicaid coverage to families with minor children and individuals.

Addresses: *Billingsley Road Office*
301 Billingsley Road, Charlotte, NC 28211
Freedom Drive Office
3205 Freedom Drive, Charlotte, NC 28208

Phone: 704-336-3000

Website: <http://charmeck.org/mecklenburg/county/dss/esd/Pages/FoodandNutrition.aspx>

Legal Services of Southern Piedmont

Services: Assist low- and moderate-income families to access health care through Medicaid, the Children's Health Insurance Program and implementation of health reform. Interpreters available.

Address: 1431 Elizabeth Avenue, Charlotte, NC 28204

Phone: 704-376-1600

Website: <http://www.lssp.org/>

Medicaid for Children/NC Health Choice Outreach

Services: Health Check (Medicaid for Children) and Health Choice are publicly funded children's health insurance programs open to North Carolina residents who meet income, age and immigration guidelines. To apply for the program visit one of the county Department of Social Services or apply online at www.epass.nc.gov

Hours: Monday-Friday 9:00am-5:00pm (call during regular hours to schedule an evening and weekend appointment if needed)

Phone: 919-707-5643

Website: <http://www.ncdhhs.gov/dph/wch/families/hchoutreach.htm>

Counseling Resources

Another Level Counseling and Consultation

Services: Provide an array of behavioral health services to children, adults and families including assessment, counseling, intensive in-home treatment, community support, substance abuse treatment and medication management. Interpreters available.

Address: 1935 J N Pease Place, Suite 104, Charlotte, NC 28262

Phone: 704-548-5298

Website: <http://www.anotherlevelservices.com/Pages/default.aspx>

Carolinas Creative Counseling

Services: Provides intensive home services, outpatient therapy, substance abuse intensive outpatient program, diagnostic assessments, and medication management for individuals and families in crisis.

Address: Monroe Road Office
Address: 4415 Monroe Road, Suite 100, Charlotte, NC 28205
Matthews Mint Hill Road Office
325 Matthews Mint Hill Road, Suite 105 Matthews, NC 28205

Phone: 704-332-3634 or 24/7 Crisis Line: 704-962-2483

Website: <http://www.c3families.com/>

Cross Cultural Counseling

Services: Offers individual counseling, specializes in cross cultural counseling. Accepts Medicaid, NC Health, Aetna, BCBS Out of Network, and Self Pay Sliding scale available. Interpretation and translation services available.

Address: 3601 Central Avenue, Charlotte, NC 28205

Phone: 704-601-6292

Email: perry.griffin@culturalcounseling.com

Family Outreach and Counseling Center

Services: Offers individual and group counseling, in-home therapy, premarital counseling, supervised visitation and parenting exchange, training and workshops. Accepts most major insurance companies, Employee Assistance Program, and NC HealthChoice. Does not accept Medicaid.

Address: 200 W. Sugar Creek Road, Charlotte, NC 28213

Phone: 704-509-9917

Website: <http://www.familyoutreachnc.com/>

Project 658

Services: Counseling for families and individuals with a variety of difficulties. Counseling sessions available on Mondays and Wednesdays. Call for an appointment. Does not accept Medicaid.

Address: 3646 Central Avenue, Charlotte, NC 2826

Phone: 980-349-6580

Website: www.Project658.com

Interpretation and Translation Services

Language Resource Center

Services: Interpretation training, competency training, and interpreting services

Address: 4801 E. Independence Blvd, Suite 608, Charlotte, NC 28212

Phone: 704-464-0016

Website: <http://languagerc.net/>

Choice Translation

Services: Translation and interpretation training.

Address: 112 South Tryon Street, Suite 1500, Charlotte, NC 28284

Website: www.choicetranslating.com

Employment Services

Catholic Charities Diocese of Charlotte

Services: Employment staff assists refugees to obtain employment and become economically self-sufficient. Services are available up to 5 years from arrival or up to citizenship/naturalization. Services include: orientation and assessment, job counseling, job search, job placement and job follow up.

Address: 1123 S Church Street, Charlotte, NC 28203

Phone: 704-370-3262

Website: <http://ccdoc.org/services/refugee-language/employment>

Carolina Refugee Resettlement Agency

Services: Employment counselors endeavor to find refugees work. Services are available up to 5 years from arrival or up to citizenship/naturalization

Address: 5007 Monroe Road, Suite 101, Charlotte, NC 28205

Phone: 704-535-8803

Website: <http://carolinarefugee.org/>

DMSI Staffing

Services: Staffing agency that offers the opportunity for qualified applicants to apply for Temporary, Temp-to-Hire and Direct Hire positions in the areas of Distribution, Warehousing and Manufacturing Support.

Address: 2127 Ayrley Town Blvd, Suite 301, Charlotte, 28273

Phone: 704-587-3674

Website: <http://www.dmsi.net/>

Jackson Park Ministries

Services: Include pre-job guidance, children's clothing shelter and food. Call for eligibility requirements.

Address: 5415 Airport Drive, Charlotte, NC 28208

Phone: 704-392-4981

Learning Help Centers of Charlotte

Services: Family stabilization program provides qualifying residents emergency financial assistance with rent and utilities through partner organizations, in consultation with resident chaplain and case management. Home visits and targeted services like ESL, parenting classes, financial literacy and job assistance are also offered.

Address: 1911 Archdale Road, Charlotte, NC 28217

Phone: 980-297-5114

Website: www.lhcclt.org

Performance Staffing Solutions

Services: Staffing agency that offers the opportunity for qualified applicants to apply for Temporary, Temp-to-Hire and Direct Hire positions at all levels.

Addresses: *North Charlotte Office*

Address: 1530 Overland Park Lane, Charlotte, NC 28262

South Charlotte Office

Address: 4841 Shopton Road, Unit 103C, Charlotte, NC 28278

Phone: 704-927-1477

Website: <http://www.performss.com/>

StrataForce

Services: Staffing agency that offers the opportunity for qualified applicants to apply for Temporary, Temp-to-Hire and Direct Hire positions in the areas of Distribution, Manufacturing Packaging and Assembly.

Phone: 704-561-7080

Website: <http://strataforce.com/>

Two Hawk Employment Services/DOLE

Services: Temporary staffing agency. See website for more detail.

Address: 220 South Ridge Parkway, Bessemer City, NC 28016

Phone: 704-810-7032

Website: <http://www.twohawk.net>

Refugee Specific Services

Catholic Charities Diocese of Charlotte

Services: Assistance with housing, social services, health care referrals, school registration, community and cultural orientation, budgeting and financial education, employment assistance, driver's education, interpretation services, English as a Second Language referrals, youth program and immigration services and transportation to initial appointments.

Address: 1123 South Church Street, Charlotte, NC 28203

Phone: 800-227-7261 or 704-370-3262

Website: <http://ccdoc.org/services/refugee-language/>

Carolinas Refugee Resettlement Agency (CRRA)

Services: Refugee resettlement services, employment, Board of Immigration Agency (BIA) accreditation to provide low cost Immigration Legal Services, Citizenship Classes.

Address: 5009 Monroe Road, Suite 100, Charlotte, NC 28205

Hours: Monday-Friday 9:00am-5:00pm

Phone: 704-535-8803

Website: <http://www.carolinarefugee.org/>

Central Piedmont Community College Refugee Program

Services: Offers language skills assessment, GED and college referral, English as a Second Language classes, vocational education classes, citizenship classes, and computer/technology skills development opportunities.

Address: 3601 Central Avenue, Charlotte, NC 28205

Website: <http://cpcc.edu/ccr/esl/refugee>

Refugee Support Services

Services: The Help Center assists refugees to navigate the American system by offering help with such things as reading mail, understanding bills or food stamps, filling out job applications or immigration (USCIS) forms, making phone calls, registering in PreK/Bright Beginnings, communicating with schools, or attending court. The Fruitful Friend Program connects a refugee family with an American family who can show them around Charlotte and help them adjust to their new surroundings.

Address: 3601 Central Avenue, Charlotte, NC 28205

Hours: Wednesday 10:00am-12:00pm

Phone: 704-458-3245

Website: <http://www.refugeesupportservices.org/>

ourBRIDGE for KIDS

Services: Provide a safe nurturing, respectful environment for refugee and immigrants students and their families to adjust to a new culture, learn a new language and get the support they need to succeed at school and life. After school program and summer programs for grades K-5 offer hands on science, cooking, math, and engineering activities all with an English as a second language component.

Address: 3925 Willard Farrow Drive, Charlotte, NC 28215

Hours: Monday-Friday 10:00am-7:00pm

Phone: 980-272-6022

Website: <http://joinourbridge.org/>

Project 658

Services: Offers ESL classes for adults and free childcare for students with children. Professional counseling. Clinic for those uninsured.

Address: 3646 Central Avenue, Charlotte, NC 28205

Hours: Monday-Thursday 9:30am-11:30am

Phone: 704-733-9934

Website: www.project658.com

Southeast Asian Coalition

Services: Provides youth tutoring, English instruction, bridging cultural gaps for youth and families, citizenship services, voter education and registration and immigration and education advocacy.

Address: 4938 Central Avenue, Charlotte, NC 28205

Website: <http://www.facebook.com/SoutheastAsianCoalition>

Medicaid

Below are two comprehensive guides to understanding Medicaid and the basic requirements needed to apply, reapply and qualifications of the programs. For additional information go to: <https://dma.ncdhhs.gov/medicaid>.

Children and Families:

https://www2.ncdhhs.gov/DMA/pub/0812_famchld.pdf

Adults with disability:

<https://files.nc.gov/ncdma/documents/files/abd.pdf>

Food Stamps

Below is the link for the items needed for applying for benefits and additional information that you would need to apply in person:

<https://www.mecknc.gov/dss/esd/Pages/ApplyingforBenefits.aspx>

This page intentionally left blank